

The Code, the Evaluation, the Protocols by Jocko Willink, Dave Berke and Sarah Armstrong

- 💡 I develop myself mentally by reading, writing, drawing, building, creating and engaging in other activities that sharpen and expand my mind
- 💡 I am humble and don't allow my ego to negatively impact my decisions
- 💡 I put others before myself and help protect those who cannot protect themselves
- 💡 The Path is how I become what I want to be, who I want to be and what the world needs me to be
- 💡 I do things I'm not good at and try activities that make me uncomfortable to promote creativity and intellectual growth
- 💡 I manage my time effectively to increase productivity
- 💡 I leverage interactions to strengthen relationships
- 💡 I prepare, protect and prosper
- 💡 I accept that every single day, there is more to do
- 💡 I turn my words, ideas, skills and goals into ACTION
- 💡 I compare my capacity to my performance; and identify corrective measures to close the gap
- 💡 I commit to the steps required to win and am disciplined in following them every day
- 💡 I step back, detach and assess what is happening around me before I act
- 💡 I get back on The Path whenever I fall off