

**Self-Mastery Through Autosuggestion by Emile Coue**

- 💡 I know that my unconscious mind has an impeccable memory, registers everything and governs all my actions
- 💡 My imagination will always be more powerful than my will; so I cultivate my imagination to help me see useful possibilities and probabilities
- 💡 I implant useful ideas into my subconscious / unconscious mind through autosuggestion
- 💡 Every thought filling my mind becomes true for me and tends to transform itself into action
- 💡 Every day, in every respect, I am getting better and better
- 💡 I leverage autosuggestion to enable and achieve self-mastery