

## **Everybody, Always by Bob Goff**

- PI have a completely unrealistic idea about what my faith can do in the world when it's expressed in love
- PLove is something that I become seeing beauty in others no matter their mask (of difficulty, insecurity or fear)
- I find my real identity by overcoming fear and engaging those I don't understand, agree with or have been avoiding
- O I overcome fear with time and the right help from others
- I know that what is simple often isn't easy; and what is easy often doesn't last
- I recognize that when joy is a habit, love is a reflex
- I tell people who they are rather than tell them what they want
- P I give away grace
- 💡 I treat others with love and respect and am more eager to learn from them than presume I have something to teach
- P I care without an agenda
- ∏ I grow others through love and acceptance rather than through information
- ∏ I can love anyone for another 30 seconds
- I see those who I believe are difficult for who they could become someday reminding myself about this possibility for 30 seconds at a time
- I find out what the people I love want to do, then go be with them in it
- I recognize that hoping isn't the same as helping so I take action to make a positive difference for others
- ∏ I see love as its own reward
- ∏ It's not about me
- I don't need validation for things I know are inherently right and true and beautiful
- I praise publicly and coach privately opting for insight over instruction
- I see what I spend the most time looking for
- I try impossible things because I surround myself with voices I can trust
- I patiently seek wisdom to explain my experiences and set my expectations
- 🧛 I never think about what I've lost; instead, I think about what I'll do with what I still have
- I'm not always being led to the safest route forward; but to the one where I'll grow the most
- PI don't need to give more instructions; but rather to trust and believe in others enough to let them thrive
- I embrace small beginnings and build to a courageous and purposeful life
- ∇ I may not have had experience with the circumstances I'm presently facing; but I have experienced a lifetime of other things to prepare me for what is coming next
- PMy next life will start with a discussion of uncovering and revealing what I didn't understand during this one
- I talk to people; not about them
- Property I am excessively available because that invites people along
- I am not the hero nor the victim in any of the stories happening around me
- How is my life working for the people around me? If it's not working for them, then it's not working for me
- P I know that extravagant love is never wasted
- People will figure out what I really believe by seeing what I actually do
- 🖓 Truly loving others means that I have to find new ways to engage them with an unreasonable amount of patience, kindness and understanding
- Where we meet shapes the discussions we'll have
- I recognize that grace never seems fair until I need some
- I have a guide that I can trust, so I'll never have to worry about the path I'm on